



OUR LOCATIONS:

No matter the conditions on the day, we'll find the perfect waves for you to surf. Now having the advantage of being mobile, we have access to the very best surf South Devon has to offer.

Sedgewell Cove - From this location we have access to:

- Sedgewell Cove
- Bigbury Bay
- Bantham Beach
- Burgh Island

Where to Meet - Sedgewell Cove Slipway – We will have our set up located near the beach entrance just off the slipway along the riverside of the beach. **Post Code** TQ7 4AS / OS Grid Ref SX65324417



Sedgewell Cove:

Sand bottom beach with fun peaks and long peeling right at lower tides. Beginner to Intermediate level. Can hold a big swell however rips and currents become more active with such conditions. Easy access to the surf and beach.

Beach Activities – Surfing / Bathing / Paddle Boarding / Kayaking

Beach Facilities – Café / Restaurant / Toilets / Showers / Shop

Safety – Seasonal Lifeguard Service May – September – 10h00 – 18h00

Parking – Pay & Display £ /££ (Pay for the time you stay) also some free parking close to our meeting point, not always guaranteed due to limited public spaces

Beach Access – Easy, well maintained roads with minimal delays due to traffic



Bantham Beach: (Accessible from Sedgewell Cove)

A good swell catcher with consistent sand banks sculpted in the mouth of the River Avon. There's a consistent right near the river mouth and in the middle of the bay there's a right and a left. Inexperienced surfers watch out for rips, especially on dropping tides. Popular break, crowded when good. Beginner to Intermediate levels. Hazards – rips and crowds.



Beach Activities – Surfing / Bathing / Paddle Boarding / Kayaking

Beach Facilities – Mobile food vendors £££ / Toilet

Safety – Seasonal Lifeguard Service April – October – 10h00 – 18h00

Parking – Only day parking available £££

Beach Access – Expect long traffic jams during summer holidays.

Wetsuit Size Charts:

MENS Size Chart		CLASSIC Fit	
SIZE	Height	Chest	Waist
S	5'4"- 5'6" 162-167cm	34" 86cm	28" 71cm
MS	5'6"- 5'8" 167- 172cm	36" 91cm	30" 76cm
M	5'8"- 5'10" 172- 177cm	38" 97cm	32" 81cm
MT	5'10"- 6'0" 177- 182cm	38" 97cm	32" 81cm
ML	5'10"- 6'0" 177- 182cm	40" 101cm	34" 86cm
LS	5'8"-5'10" 172- 177cm	42" 107cm	36" 91cm
L	6'0"-6'2" 182- 187cm	42" 107cm	36" 91cm
LT	6'2"- 6'4" 187- 193cm	42" 107cm	36" 91cm
XL	6'2"- 6'4" 187- 193cm	44" 112cm	38" 97cm
2XL	6'2"- 6'4" 187- 193cm	46" 117cm	40" 103cm
3XL	6'3"- 6'4" 189- 195cm	48" 120cm	42" 107cm

Please include your wetsuit sizes when booking lessons for all surfers participating. Wetsuits and surfboards are included in your lesson price so no additional costs incurred.

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WOMENS Size Chart		BENEFit	
SIZE	Height	Chest	Waist
US 4/ UK 6	5'3" - 5'5" 160- 165cm	31.5" 80cm	24" 61cm
US 6/ UK 8	5'4" - 5'6" 163- 168cm	32.5" 82.5cm	26" 66cm
US 8/UK 10	5'5" - 5'7" 165- 170cm	33.5" 85cm	27" 68.5cm
US 10/ UK 12	5'6" - 5'8" 168- 173cm	35" 89cm	28" 71cm
US 10/12 UK12/14	5'6" - 5'8" 168- 173cm	35" 89cm	30" 76cm
US 12/ UK 14	5'7" - 5'9" 170- 175cm	36.5" 93cm	30" 76cm
US 14/ UK 16	5'9" - 5'11" 172- 180cm	38.5" 98cm	31" 79cm
US 16/ UK 18	5'9" - 6'0" 175-183cm	39.5" 100.5cm	33" 84cm

JUNIORS Size Chart		CLASSIC Fit		
Age	SIZE	Height	Chest	Waist
1	4XS	2' 7" - 2'10" 78 - 86cm	18" - 20" 45 - 50cm	17" - 19" 43 - 48cm
2	3XS	2' 10" - 3'1" 86.4 - 94cm	19" - 21" 48 - 51cm	18" - 20" 45 - 50cm
3	2XS	3' 1" - 3'4" 94 - 102cm	20" - 22" 51 - 55.5cm	19" - 20" 48 - 53cm
4	XS	3' 4" - 3'8" 102 - 112cm	21" - 23" 53.5 - 58cm	20" - 22" 50 - 55cm
5	S	3' 8" - 4'0" 112 - 121cm	23" - 25" 62 - 67cm	20" - 22" 50 - 55cm
6	MS	4' 0" - 4'4" 121 - 132cm	24" - 26" 62 - 67cm	21" - 23" 53 - 58cm
8	M	4' 4" - 4'7" 132 - 140cm	26" - 28" 66 - 71cm	22" - 24" 55 - 61cm
10	L	4' 8" - 4'11" 141 - 149cm	28" - 30" 71 - 76cm	24" - 26" 61 - 66cm
12	XL	4' 11" - 5' 1" 150 - 155cm	29" - 32" 75 - 81cm	25" - 27" 63 - 68cm
14	2XL	5' 1" - 5' 4" 155 - 163cm	31" - 33" 79 - 84cm	26.5" - 28" 68 - 73cm
16	3XL	5' 4" - 5' 7" 163 - 170cm	33" - 35" 84 - 89cm	27" - 29" 71 - 76cm